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akin oves in 2019

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Reflection of 2018

My top 3 accomplishments
1.
2.
3.
New connections or collaborations I made
1.
2.
3.
Lessons I learned
1.
2.
3.
Things I'll continue working on in 2019
1.
2.

3.

Dreams for 2019

List up to 10 dreams for 2019

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
Want to keep dreaming? Who's going to stop you? Keep dreaming if the ideas are there!	

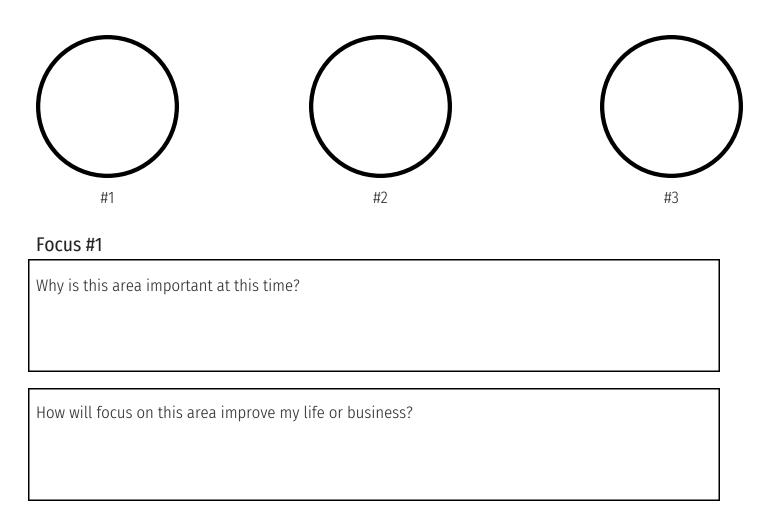
Dreams for 2019

How is each dream going to change your business, your situation, or how you feel?
1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

Planning for 2019: Q1

Q1: January 1 - March 31

Which dreams will be your primary focus this quarter?



Top 3 goals for this area

1.

2.

Q1: January 1 - March 31

What's the desired outcome of each goal?

Goal #1:		
Goal #2:		
Goal #3:		
Action Steps for January	Action Steps for February	Action Steps for March

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Focus #2:

Q1: January 1 - March 31

Focus #2

Why is this area important at this time?

How will focus on this area improve my life or business?

Top 3 goals for this area

1.

2.

3

What's the desired outcome of each goal?

Goal #1:

Focus #2: __

Q1: January 1 - March 31

Goal #3:		
Action Steps for January	Action Steps for February	Action Steps for March

A dream written down with a date is a goal. A goal broken down into steps becomes a plan. A plan backed up with action becomes reality.

Q1: January 1 - March 31

Focus #3

Why is this area important at this time?

How will focus on this area improve my life or business?

Top 3 goals for this area

1.

2.

3

What's the desired outcome of each goal?

Goal #1:

Q1: January 1 - March 31

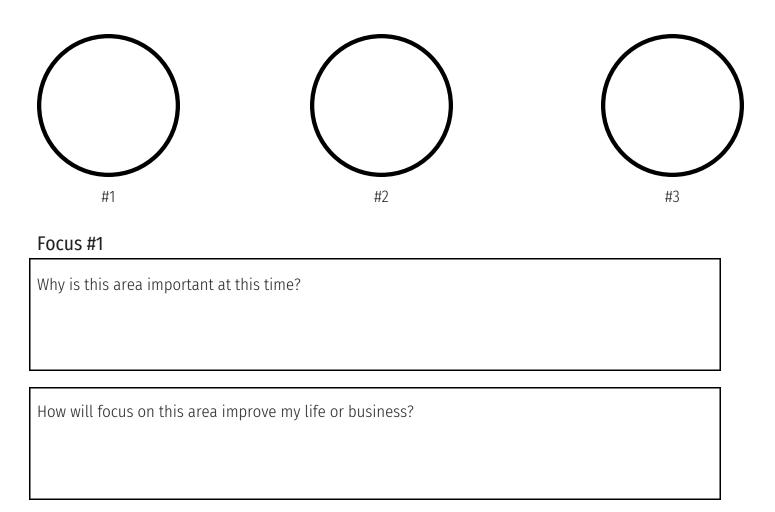
Goal #3:		
Action Steps for January	Action Steps for February	Action Steps for March

"Keep going! You didn't come this far, just to come this far."

Planning for 2019: Q2

Q2: April 1 - June 30

Which dreams will be your primary focus this quarter?



Top 3 goals for this area

1.

2.

Q2: April 1 - June 30

What's the desired outcome of each goal?

Goal #1:		
Goal #2:		
Goal #3:		
Action Steps for April	Action Steps for May	Action Steps for June

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Focus #2:

Q2: April 1 - June 30

Focus #2

Why is this area important at this time?

How will focus on this area improve my life or business?

Top 3 goals for this area

1.

2.

3

What's the desired outcome of each goal?

Goal #1:

Focus #2: ____

Q2: April 1 - June 30

Goal #3:			
Action Steps for April	Action Steps for May	Action Steps for June	

"Don't look back. You're not going that way."

Q2: April 1 - June 30

Focus #3

Why is this area important at this time?

How will focus on this area improve my life or business?

Top 3 goals for this area

1.

2.

3

What's the desired outcome of each goal?

Goal #1:

Q2: April 1 - June 30

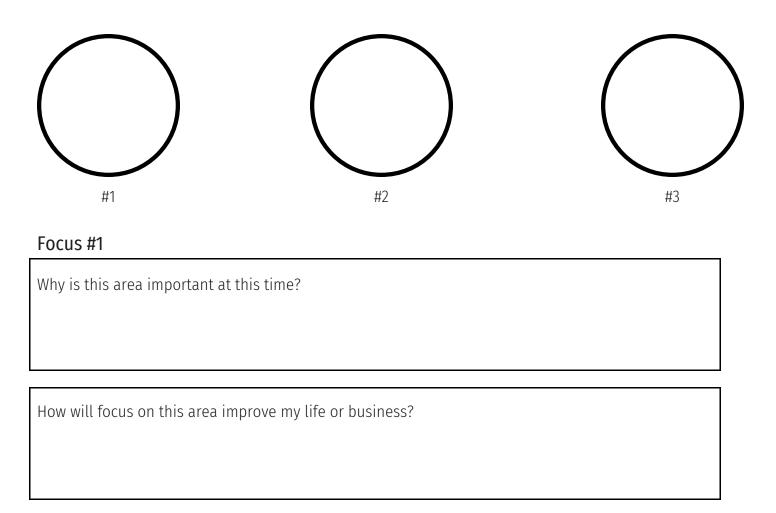
Goal #3:			
Action Steps for April	Action Steps for May	Action Steps for June	

"Comfort is the enemy of progress.

Planning for 2019: Q3

Q3: July 1 - September 30

Which dreams will be your primary focus this quarter?



Top 3 goals for this area

1.

2.

Q3: July 1 - September 30

What's the desired outcome of each goal?

Goal #1:			
Goal #2:			
Goal #3:			
Action Steps for July	Action Steps for August	A	ction Steps for September
		- -	
		•	

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Focus #2:

Q3: July 1 - September 30

Focus #2

Why is this area important at this time?

How will focus on this area improve my life or business?

Top 3 goals for this area

1.

2.

3

What's the desired outcome of each goal?

Goal #1:

Focus #2: __

Q3: July 1 - September 30

Goal #3:		
Action Steps for July	Action Steps for August	Action Steps for September

"It's not who you are that holds you back. It's who you think you're not."

Q3: July 1 - September 30

Focus #3

Why is this area important at this time?

How will focus on this area improve my life or business?

Top 3 goals for this area

1.

2.

3

What's the desired outcome of each goal?

Goal #1:

Q3: July 1 - September 30

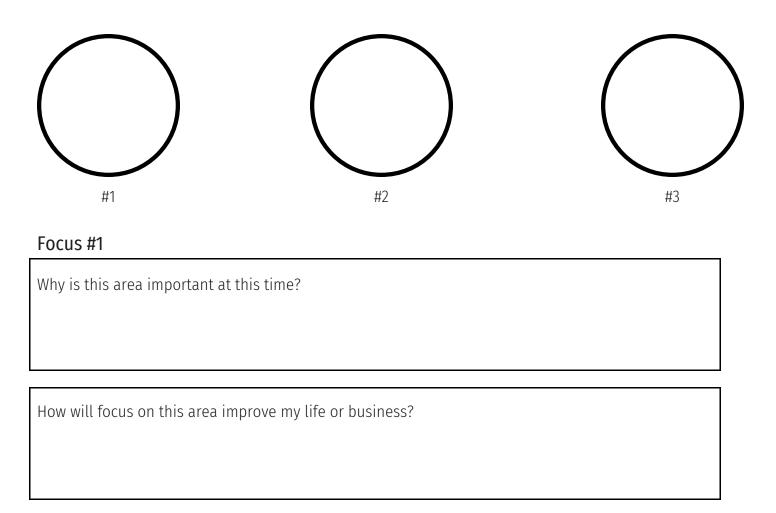
Goal #3:			
Action Steps for July	Action Steps for August	A	ction Steps for September
		- -	
		-	

"Be fearless in pursuit of what sets your soul on fire."

Planning for 2019: Q4

Q4: October 1 - December 31

Which dreams will be your primary focus this quarter?



Top 3 goals for this area

1.

2.

Q4: October 1 - December 31

What's the desired outcome of each goal?

Goal #1:		
Goal #2:		
Goal #3:		
ουαι #3.		
Action Steps for October	Action Steps for November	Action Steps for December

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Focus #2:

Q4: October 1 - December 31

Focus #2

Why is this area important at this time?

How will focus on this area improve my life or business?

Top 3 goals for this area

1.

2.

3

What's the desired outcome of each goal?

Goal #1:

Q4: October 1 - December 31

Goal #3:				
Action Steps for October	Action Steps for November	Action Steps for December		

Go after the things in life that make you think 'holy shit!'

Q4: October 1 - December 31

Focus #3

Why is this area important at this time?

How will focus on this area improve my life or business?

Top 3 goals for this area

1.

2.

3

What's the desired outcome of each goal?

Goal #1:

Q4: October 1 - December 31

Goal #3:				
Action Steps for October	Action Steps for November	Action Steps for December		

"I trust the next chapter because I know the author."